

Determined not to let his accident steal his dreams, he stuck to a promise he made before his accident that he would go on an awesome adventure holiday with his besties.

The holiday was turned into a documentary which is called 'Breaking Boundaries' which inspires thousands of people today to live their best life.

Jack has shown huge courage in overcoming his challenges.

Despite his difficulties, he has shown that limitations are only thoughts in your mind and they don't have to be your reality.

Your dreams can still be your reality no matter what happens to you.

Today, Jack works as a coach and speaker, helping people to realise more of their potential and to create more of the reality they want in their lives.

